

**THE FAMILY
COUNSELING
CENTER
OF ANDERSON**

The Family Counseling Center of Anderson (FCC) is a community-based mental health counseling program, and is open to the public. FCC fulfills the counseling needs of children, adults, and families throughout Anderson and surrounding counties.

Services Include:

- Individual and/or Family Therapy
- Group Therapy
- Trauma Response
- Victim Therapy
- Group Counseling Specialties

For more than forty years, The Family Counseling Center of Anderson has provided intervention services to children, adolescents and families with behavioral and emotional challenges. All clinicians are licensed to practice independently in South Carolina. Licensed staff members include Licensed Independent Social Workers-Clinical Practice (LISW-CP), Licensed Marriage and Family Therapists (LMFT), and Licensed Professional Counselors (LPC). Medicaid and private insurance are accepted.

Striving to End Abusive Relationships (STEAR)

STEAR is a 26-week long program that focuses on relationship violence and forming healthy relationships. For perpetrators, the fee is \$25 for an initial assessment and \$25 for each session. For victims, the program is free. Service is provided to both victims and perpetrators of domestic violence.

Group topics include:

- The effect of domestic violence on children
- Healthy parenting
- Effective communication techniques
- Navigating the legal system and social services
- Coping with feelings that cause anger
- Effective control of anger
- Taking ownership of behavior and consequences
- Navigating dating and starting new relationships
- Maintaining safety when leaving a relationship
- Tools for repairing an unhealthy relationship
- Identifying a pattern of abuse
- Conflict resolution

The Family Counseling Center of Anderson
410 East Shockley Ferry Road, Anderson SC
(864) 225-6266

